

# Aquaphobia Socks

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I designed this pattern to help with hand-dyed yarns that tend to pool. The slipped stitches help to break-up the visual lines and swirls and create a firm fabric. Baby cables up each side of the foot help add elasticity to the slipped-stitch pattern while the bottom of the sock is worked plain to reduce bulk on the sole of the foot.

This pattern assumes familiarity with basic sock construction and knitting terminology.

**Difficulty:** Medium

**Yarn:** Hello Yarn Sock (114g, 395 yards)

**Amount Needed:** 1 hank

**Needles:** 2.25mm, 1US

**Gauge:** 10 sts per inch in slip-stitch pattern

**Notions:** Yarn needle, scissors, cable needle

**Notes:** All slipped stitches should be slipped purlwise, unless otherwise noted, so that the slipped stitches are *not* twisted when worked on the following round.

**Directions:**

Cast on 68 sts. Join, work in k1 p1 ribbing for 10 rounds.

Increase Round: (k8, m1) 8 times, k4. (76 sts on needles).

Stitch Pattern:

Round 1: p2, c1l, p2, (k1, sl1) x12, k1, p2, c1r, p2, (k1, sl1) x19, k1

Round 2: p all p sts, k all k sts and sl sts

Round 3: p2, k2, p2, (sl1, k1) x12, sl1, p2, k2, p2, (sl1, k1) x19, sl1

Round 4: same as row 2

Repeat these four rows 20 times or until sock is length desired to ankle bone, end with round 4.

Heel Shaping: Turn work. Heel flap will now be worked on the 39 sts which comprise the back of the foot. The 37 front sts should be on hold for the top of the foot.

#### Heel Flap Pattern:

Round 1: sl2, (p1, sl1) x18, p1

Round 2: sl1, k to end of flap

Round 3: sl1, (p1, sl1) x18, p2

Round 4: same as row 2

Repeat the heel flap pattern 9 times or until you have 18 slipped sts along each side of flap, end with round 3.

#### Short Rows:

Row 1: sl1, k21, ssk, sl1wyif, turn

Row 2: sl1, p6, p2tog, sl1wyif, turn

Row 3: sl1, k7, ssk, sl1 wyif, turn

Row 4: sl1, p8, p2tog, sl1wyif, turn

Continue in this manner until all sts on flap have been worked into the short rows, ending with a p row. Turn (23 sts across flap).

Next Round: sl1, k11, start a new needle (this is now the beginning of your round), k 11 sts with new needle. You should now have 11 sts on needle 1, 37 sts on needle 2 and 12 sts on needle 3.

P/U 18 sts from side of flap onto needle 1. (29 sts on needle 1). Work across needle 2 in pattern as established starting with round 1. P/U 18 sts from side of heel flap onto needle 3 and knit next 12 sts onto same needle. (30 sts on needle 3).

#### Gusset Decreases:

Round 1: k26, ssk, k1, work needle 2 in pattern as established, k1, k2tog, k27

Round 2: k all sts on needle 1, work needle 2 in pattern as established, k all sts on needle 3

Continue working these two rounds until you have 16 sts on needle 1 and 17 sts on needle 3. Continue working needles 1 and 3 plain and keeping the pattern as established on needle 2 until foot is length desired to toe shaping (two inches to end of foot) ending with Round 2 of first stitch pattern.

Next round: k16, p2tog, k2, p2tog, k25, p2tog, k2, p2tog, k17. (66 sts left on needles).

Work one round plain.

#### Toe Shaping:

Round 1: Work to three sts from end of needle 1, k2tog, k1. k1, ssk at beginning of needle two, work to three stitches from end of needle 2, k2tog, k1. k1, ssk at beginning of needle 3

Round 2: Work plain

Continue working these two rounds (or only decrease rounds) until 14 sts remain. Cut yarn, graft toe closed and secure.

Well, what are you waiting for? Put them on!

### **Abbreviations and Techniques Used:**

\* – signals a repeat start or stop

C1L – cable one left (sl 1 st to cn hold in front, k next stitch, k stitch from cable needle)

C1R – cable one right (sl 1 st to cn hold in back, k next stitch, k stitch from cable needle)

cn – cable needle

k – knit, if followed by a number knit that many stitches

k2tog – knit two stitches together

m1 – make one

p – purl, if followed by a number purl that many stitches

P/U – pick up

p2tog – purl two stitches together

rep – repeat

rnds – rounds

sl – slip

sl1wyif – slip one with yarn in front

ssk – slip, slip, knit

sts - stitches

tbl – through back loop

yo – yarn over